

BREAKFAST MENU

Please help yourself from Buffet

**Museli, Bran Flakes Cornflakes, Rice Krispies, Weetabix.
Fruit Salad, Prunes, Grapefruit, Pancakes/maple syrup, Muffins, Scones
Yogurts, Cheese, Dried Fruits, Nuts, Seeds
Fresh Fruit.**

Hot Organic Porridge (Oatmeal) with choice of topping.

**Bacon, Eggs, Sausages, Black and White Pudding, Tomato.
Or any variation of above, eggs cooked to your choice**

Scrambled Egg with smoked salmon

Eggs of your choice with Baked Beans, Potato Waffles and Tomato

Pancakes or French Toast with bacon and maple syrup

Toast, Brown Bread.

Special dietary requirements catered for.

**Freshly Brewed Coffee. Decaffeinated Coffee
Irish Breakfast Tea. Decaffeinated tea
Selection of Herbal Teas
Hot Chocolate**